



## Mount Greylock State Reservation

Department of Conservation and Recreation

# APRIL 2023 PROGRAMS

All programs are free and open to the public. Children must be accompanied by an adult. Reasonable accommodations available upon request. All programs meet at the Mount Greylock Visitor Center unless otherwise noted. Please follow all current COVID guidelines. Visit Mass.gov/COVID for guidance. For more information and weather updates, call the Visitor Center at (413) 499-4262.

#### **OPEN DAILY**

#### VISITOR CENTER, 9:00 a.m.—4:00 p.m.

Interpretive exhibits explore the park story through artifacts and displays. Trail maps, hike guidance, 13-minute orientation film, bathrooms, drinking water available. Wheelchair accessible.

#### SUNDAYS, **ONGOING**

## NATURE SCAVENGER HUNT, 10:00 a.m.—3:00 p.m.

For all ages. Suitable for children and families. Adventurous quests invite you to search for natural treasures along park trails. Several "seek and find" scavenger hunts for different age and skill levels. Program is self-guided. Scavenger Hunt pages

#### available at the Visitor Center.

#### DAILY, **ONGOING**

#### SENSING SPRING TRIP-TIP, SELF-GUIDED ADVENTURE

For all ages. Spring is in the air! This self-guided exploration in and around Mount Greylock State Reservation, includes three Massachusetts Department of Conservation and Recreation (DCR) properties in the northern Berkshires. Start your adventure and click here.

#### SATURDAY, APRIL 8

## MOUNT GREYLOCK PHOTO GROUP MEET-UP: ROARING BROOK, 1:00-2:30 p.m.

Free for all ages. For everyone who loves nature and the chance to photograph the beauty of our majestic mountain. No experience necessary. All interest and skill levels welcome. Explore the west side of Greylock, meet at the Roaring Brook Road trailhead in Williamstown. For more information, directions, or updates, call the Visitor Center or visit Facebook.

#### WEDNESDAY, APRIL 12

### **MOUNTAIN MINDFULNESS PROGRAM SERIES:** FOREST BATHING WALK, 10:00-11:30 a.m.

For ages 8 and up. Help you de-stress and re-connect with nature. A guided, slow, and intentional woodland walk. No previous experience necessary. Dress appropriately for weather. Trails may be muddy. Inclement weather cancels. Cosponsored with Canyon Ranch Wellness Resort, Lenox. Space

#### is limited, register at (413) 499-4262.

#### FRIDAY, APRIL 14

## NICE AND EASY HIKE, 1:00—2:30 p.m.

Easy-paced, one to 3-mile guided hike geared to seniors, but open to all ages. Join with other hiking enthusiasts, or bring the grandkids with you during school vacation week.

**ATTENTION HIKERS:** Be prepared for variable spring weather, dress in layers, wear sturdy boots. Hiking poles advisable. Spring trails may be muddy, even icy and snow-covered. Bring bug repellant, drinking water and a snack.

#### PROGRAMS CONTINUED ON NEXT PAGE.

Mount Greylock State Reservation 30 Rockwell Road, Lanesborough, MA 01237. Tel. (413) 499-4262



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# APRIL 2023 PROGRAMS

#### APRIL SCHOOL VACATION WEEK PROGRAMS

SATURDAY, APRIL 15— SUNDAY, APRIL 23

Family-friendly programs. Join us for guided experiences, or, create you own park adventure! Earth Week offerings include guided and self-guided hikes, scavenger hunts, Geocaching, Tree ID Hike, and an opportunity to give back on Park Serve Day. Read on for more details.

SATURDAY, APRIL 15

HOPPER DISCOVERY HIKE, 11:00 a.m.—1:30 p.m.

For ages 12 and older. Guided early spring exploration of the wild and scenic Hopper in Williamstown. Moderate-difficult 3mile loop hike offers views and historic sites within a deep glacial valley. See early spring ephemerals and signs of wildlife. Meet at Haley Farm Trailhead, 1033 Hopper Road, Williamstown. Dress for the weather; wear sturdy shoes, bring water, a snack and trekking poles. Registration is **required**, call (413) 499-4262. Inclement weather cancels.

SUNDAY, APRIL 16 SPRING DISCOVERY HIKE, 11:00 a.m.—1:00 p.m.

For ages 8 and older. Enjoy a guided 2 mile hike along the Bradley Farm Trail, easy-moderate. Explore seasonal changes in the New England forest. Identify signs of spring, ephemeral flora and emerging fauna. Dress for the weather. Trails may be muddy. Bring water and snack. Inclement weather cancels.

MONDAY, APRIL 17

FINDING YOUR WAY, 10:00 a.m.—3:00 p.m.

For ages 8 and up. Designed as a self-guided activity, but may also be led by a Park Interpreter. Explore ways to navigate the outdoors and have fun. Discover use of map and compass. Learn traditional methods of path finding in the forest or your own back yard. Pick up tips to identify wildlife and trees. Activities may include map making and scavenger hunt.

TUESDAY, APRIL 18

GEOCACHING 101, 1:00-2:30 p.m.

For all ages. Looking for a fun way to engage your tech-savvy kids with the natural world? This outdoor activity combines hiking with a tech-aided treasure hunt. Join Kathy G. and Berkshire Geobash members to learn the basics. Beginners welcome! No experience necessary. To participate fully download the free **geocaching.com app** Dress appropriately for variable weather. Trails may be muddy. Bring drinking water and a snack.

THURSDAY, APRIL 20

TREE IDENTIFICATION HIKE, 11:00 a.m.—12:30 p.m.

For ages 8 and up. Identify trees as they emerge from winter slumber. DCR Management Forester, Kevin Podkowka, leads a short, easy walk for families. Dress for weather. Trails may be muddy. Bring water and snack. Inclement weather cancels.

#### PROGRAMS CONTINUED ON NEXT PAGE.



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# **APRIL 2023 PROGRAMS**

#### PROGRAMS CONTINUED FROM PREVIOUS PAGE.

FRIDAY, EARTH WEEK EVENT, SALUTE TO POLLINATORS

APRIL 21 1:00—3:00 p.m.

For all ages. Join us for this special Earth Week salute to pollinators! Visitor Center activities include crafts, scavenger hunt, and an opportunity to help prepare our pollinator garden

get ready for spring flowers!

SATURDAY, MOUNTAIN MINDFULNESS PROGRAM SERIES:

APRIL 22 EARTH DAY MINDFULNESS WALK, 1:00—3:00 p.m.

Free for all ages. Reconnect with the Earth on <u>Earth Day!</u>
Guide, Suzy C. leads a slow family-friendly saunter, less than 1 mile. Heighten your awareness in nature with forest bathing, meditation, and mindful breathing. Dress for weather. Wear sturdy boots. Bring water and a snack. <u>Click link</u> here for

required pre-registration.

SATURDAY, PARK SERVE DAY!

APRIL 22 For all ages. Celebrate Earth Week, volunteer. DCR invites you to volunteer and take part in stewardship preparing for the coming recreation season. Get involved in a clean-up, painting,

or other restorative project for one day. <u>Click here</u> to register.

THURSDAY, MOUNTAIN MINDFULNESS PROGRAM SERIES: APRIL 27 QI GONG-TAI CHI, 10:00—11:30 a.m.

For ages 12 and older. Enhance optimal health and longevity. Experience the meditative martial arts of Qi Gong-Tai Chi with Jeanne S. All abilities welcome. Wear comfortable, weather appropriate clothing. Program may be offered outdoors if fair weather, otherwise indoors. Bring a yoga mat if you have one.

Co-sponsored by Canyon Ranch Wellness Resort, Lenox.

FRIDAY, FOREST ECOLOGY WALK, 11:00 a.m.—1:00 p.m.

For ages 8 and older. Celebrate **Arbor Day**, explore a historic farm-to-forest landscape. Discover evidence of former 1800s agricultural activity that fostered a natural reforestation. Moderate-difficult 2-mile hike on Bradley Farm Trail. Dress for weather, sturdy shoes, bring water, snack, trekking poles.

Inclement weather cancels.

SATURDAY, FAMILY-FRIENDLY TRAIL HIKE, 1:00—2:30 p.m.

APRIL 29 For all ages. Enjoy a guided trail hike on the Bradley Farm Interpretive Trail. Suitable for families with children able to

walk 1 to 3 miles on an easy-moderate trail.

SUNDAY, MOVIE MATINEE: THE CIVILIAN CONSERVATION APRIL 30 CORPS, 1:00—2:30 p.m.

For age 12 and older. Join us for a showing of a PBS American Experience film, now celebrating the Civilian Conservation Corps (CCC). During the 1930s Great Depression, the CCC labored to improve the Nation's parks. A talk following relates the work of these "Pinecone Johnnies", how they transformed

Mount Greylock into a recreational destination.

APRIL 28